

HealthAdvocateSM

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Always at your side

We're here when you need us most

Your Health Advocate benefit can be accessed 24/7. Normal business hours are Monday-Friday, from 8 am to 12 am (midnight), Eastern Time. Staff is available for assistance after hours and on weekends.

There is no cost to use our service

Your employer or plan sponsor offers your Health Advocate benefit at no cost to you.

We're not an insurance company

Health Advocate is not affiliated with any insurance or third party provider. Health Advocate does not replace health insurance coverage, provide medical care or recommend treatment.

Your privacy is protected

Our staff carefully follows protocols and complies with all government privacy standards. Your medical and personal information is kept strictly confidential.

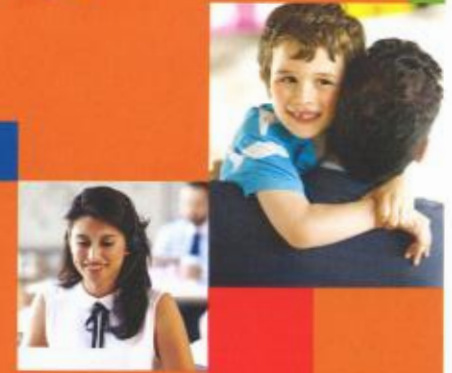
Get started today!



877.240.6863

Email: answers@HealthAdvocate.com

Visit: HealthAdvocate.com/members



EAP+ Work/Life

Confidential Support for
Personal & Work/Life Issues

HealthAdvocateSM

Welcome

Your EAP+Work/Life program gives you access to Licensed Professional Counselors, who can provide confidential, short-term support for a wide range of personal issues. Your counselor can also refer you for ongoing treatment, if needed.

For help balancing family and work responsibilities, our team of Work/Life Specialists will connect you to resources in your area for expert support.

Who is covered? The program is available to you, your spouse, dependent children, parents and parents-in-law. We look forward to serving you!



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Visit us online at:
HealthAdvocate.com/members



We Can Help...

Expert support, 24/7



Unlimited, confidential support from Licensed Professional Counselors and Work/Life Specialists.

Short-term assistance



Turn to us for help with personal issues such as stress, depression, family problems, substance abuse and more.

Convenient work/life website



24/7 access to program communications, educational materials and other resources.

Join monthly webinars



Participate in free, monthly webinars on a wide range of important topics.

Find local providers



Search for a variety of services in your area, from adult day care to relocation services.

Work/Life support



Help and referrals for childcare and eldercare issues, legal and financial concerns, time management and more.

Referrals for additional care



Simple, seamless referrals for additional treatment or special care, if needed.

Real-time support



In-person, telephonic, or online video counseling support available.

And more!

Help is Only a Phone Call Away

- Employee Assistance Program
- Work/Life Support



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