



Matthew Meyer  
County Executive  
Div. of Comm. Resources

# Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**March 2020**

## From the Director's Desk

I think we are ready for spring. It has been cold but not a bad winter. I'm still waiting for just one snowstorm. Then I will be looking forward to flowers popping their heads out plus starting our garden. We would like a few more volunteers this year.

Our calendar will be full for the spring and summer. We're planning new trips for 2020 and yes, I'm putting the trips you ask for on the calendar.

Keep in mind that I have trips planned months ahead that also includes your suggestions.

We will celebrate ABJ Senior Center 44th anniversary April 21 with games, door prizes, lunch, cake and ice cream. Horse racing is on the list of games—we need a few horses to sign up. Our motto is to treat people like we would want to be treated. With dignity, courtesy and respect.

As always thank you staff for doing a great job and for making my job easier.

See you at the center.

Regards, Joan

## New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

### MARCH BIRTHDAYS

Flower Hill	Nancy B. Bogart	Bill Kaper
Andrew Jackson	Maxine Rash	Jane Santak
Sandy Poe	Diane Moye	Deborah Shaw
Roy Swaby	William Kaper	Frank Santak
Mickey Romano	Andrew Jackson	Jack Witzman
Mung Sung Chang	Nicoletta Giofre	Peggy Vavalla
Jackie Grimes	James Aiken	Brad Lane
Shirley Riley	James C. West	Kenneth Ricker
Donna Douglas	Barbara Byrd	Joseph D'Erasmus
Sharon Ball	Mai Jane Lin	Diana Moye
Joanne Mergenthaler	Nancy Di Virgilio	Albert Deschamps
Tony Gruscynski	Wilson Williams. JR	Carol Reule
Earlinda Ponce DeLeon	Dora Toribio	Joanne Mergenthaler
Gretchen Broadwater	Harry Rash	

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

**Please DO NOT call the Center.**

### UPCOMING ACTIVITIES AT THE CENTER

**\*\* EFFECTIVE MARCH 16, 2020, ALL TRIPS AND ACTIVITIES ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19\*\***

- March 4**, Philadelphia Flower Show tickets \$48. Departing 9 A.M. returning 2:45 P.M.
  - March 19**, OPEN HOUSE Stop in find out what we are all about. Lunch \$3, Bake Sale, Bazaar table \$5, three speakers: Gambling, Census 2020 & Family First Life.
  - March 30**, Basilica of the Nation Shrine of the Immaculate Conception in Washington, Coach \$40 lunch not included. 8:30 a.m. to 6:30 p.m.
  - April 7**, Jazz Concert by Harvey Price. 11:30-1 p.m.
  - April 8**, Queen Esther @ Sight & Sound (full)
  - April 13**, Wind Creek Casino Bethlehem, PA \$30 slot dollars. Coach \$40 8:30 a.m.-6:30 p.m.
  - April 15**, Queen Esther @ Sight & Sound (full)
  - April 24**, Book Club Breakfast at the Riverfront 9:30 a.m.
  - April 24**, Evening trip to the Blue Rocks Game /Fireworks \$10 + food. 5p.m.-11p.m.
  - April 28**, Drama Club's Play "The Big Caper" 12:30-130. 29<sup>th</sup> evening show 6:15p.m.
- Registration and payment required for above trips.**

### STAFF

- Director**  
Joan Budrow
- Assistant Director**  
Judy Panchisin
- Site Manager**  
Sheila Kellam
- Drivers**  
James Kula  
Wayne Winters  
Karen Murphy

## Thinking of You

Joe Nice	Bea Boyer
Marlene Coughlin	Joyce Johnson
Marion Treece	Marti Duffy
Myrtle Geist	June Jump
Bonita	Debbie Kondzielawa

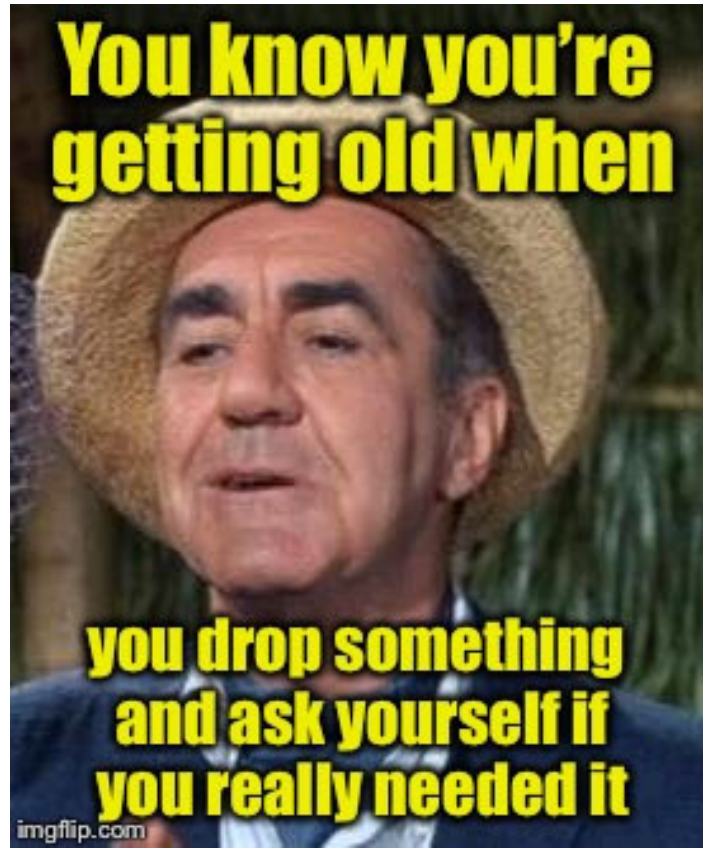
## Welcome New Members

Bernadette Simmons	Mary Short
Ann Wilson	Melba Hancock
Bridget Napolski	Kenneth Ricker
Martha Drass	Jean Bucksner
Phoebe Mays	Nancy Bolinski
Sandra Anderson	Joann Callaghan
Edith Diaz	Therese Gilchrist
Brad Lane	Audrey Heckman
Russell & Joan Hoosier	
Anthony & Roberta Smith	
Joseph & Carol D'Erasmus	

**50/50 WINNER: Mary Ann Mannering**

## TRIVIA QUESTIONS

1. It's impossible to \_\_\_\_\_ with your eyes open.
2. The ostrich has only \_\_\_\_\_ toes.
3. The oldest word in the English language is \_\_\_\_\_.
4. \_\_\_\_\_ Coke was invented in 1982.



## Senior of the Month: Rosemary Kersten

Rosemary was born August 1946 in Philadelphia and now lives in Newport. She has four children: two boys and two girls. Rosemary has four grandchildren.

Her favorite TV Show is News Channel (CNN). A favorite food is turkey dinner and fish. Rosemary's favorite vacation spot is Ocean City, MD. She likes to exercise no other hobbies.

Rosemary would like to have lunch with her husband because he is a very loving person. Thank you for sharing a small chapter in your life.

**We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!**

**Daily Activities**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><b>9am-2pm:</b> Game Room and Fitness Center Open</p> <p><b>9:30am:</b> Bank &amp; Post Office (1st Monday)</p> <p>Computer Class</p> <p><b>9:45-11:30am:</b> Surratte Pool (June-September)</p> <p><b>10:30-11:30am:</b> Bible Study</p> <p><b>12:30pm:</b> Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p>	<p><b>9am-2pm:</b> Game Room and Fitness Center Open; Bingo</p> <p><b>9:30am:</b> Sitting Tai Chi with Kevin</p> <p><b>10am:</b> Book Club (3rd Tuesday)</p> <p><b>10:30-11:15am:</b> Dancing Frenzy with Rick (1st Tuesday)</p> <p><b>12:30-1:30pm:</b> Chess Club Group Exercise Class</p> <p><b>1:30-2pm:</b> Debbie's Cardio</p> <p><b>1:30-2pm:</b> Pickle Ball</p> <p><b>FIRST TUESDAY OF THE MONTH...</b> <i>Sassy Ladies Meeting</i></p> <p><b>LAST TUESDAY OF THE MONTH...</b> <i>Birthday Party!</i></p>	<p><b>9am-2pm: Trip Day</b></p> <p><b>9am-2pm:</b> Game Room and Fitness Center Open</p> <p><b>9:15-11:45am:</b> Water Color Class (2nd &amp; 4th Wednesday )</p> <p><b>9:45-11:30am:</b> Surratte Pool (June-August)</p> <p><b>10am:</b> Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st &amp; 3rd Wednesday)</p> <p><b>12pm:</b> Bid Whist</p>	<p><b>9am-2pm:</b> Game Room and Fitness Center Open</p> <p><b>9am:</b> ShopRite</p> <p><b>9:30am:</b> Sitting Tai Chi with Kevin</p> <p><b>10-11:30am:</b> Bingo</p> <p><b>10:30am:</b> Bible Study</p> <p><b>10:45-11:30am:</b> Soul Line Dancing (First 4 Thursdays)</p> <p><b>11:30am sharp!:</b> Pinochle</p> <p><b>12:30pm:</b> Group Exercise Class</p> <p><b>2-3pm:</b> Drama Club Practice</p>	<p><b>9am-2pm: Trip Day</b></p> <p><b>9am-2pm:</b> Game Room and Fitness Center Open</p> <p><b>9am-11am:</b> Movies in the computer room</p> <p><b>9:30am:</b> Tai Chi</p> <p><b>10am-1pm:</b> Cosmetologist (last Friday each month)</p> <p><b>10:30-11:30am:</b> Win Dance Class</p> <p>Art Therapy (1st &amp; 3rd Friday)</p> <p><b>12-4pm:</b> Bid Whist</p> <p><b>1pm:</b> Walking the gym: 19 laps = 1 mile</p>

**Activities & Services Offered Throughout the Year**

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.  
**Game room is open daily from 9am-2pm.**
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Beginners dance class, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Crochet Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

**Look for dates and times in the newsletter or ask the Senior Center staff!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 2020</b>  <b>2</b> 9:15-1:15 Trip Shady Maple Red Hat Club 9:30: Scrabble/Upwords 9-10:30: Computer Class 12:30: Cardio TRIP SIGN UP Starts at nine	<b>3</b> TAX AIDE 9:30: Bingo, Wii All Stars, Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 12:30 Sassy Ladies Meeting 2-4: Drama Club	<b>4</b> <b>9-3 Trip</b> <b>Philadelphia Flower Show</b> 10: Armchair Exercise, Tai Chi, Sewing/Quilting Class 12: Bid Whist	<b>5</b> 9: ShopRite, Wii Four Dames 9:30: Sitting Taichi 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 11:30: Speaker: DE Spine Study 12:30 Group Exercise 2: Drama Club	<b>6</b> <b>9-2 Trip</b> <b>Trader Joe's &amp; Christmas Tree Shop</b> 9:30: Tai Chi 10:30: Line Dancing Art Therapy 12: Bid Whist
<b>9</b> <b>8:30- 2:30 Trip</b> <b>Shady Maple</b> 9:30: Scrabble/ Upwords, Computer Class 12:30: Cardio	<b>10</b> TAX AIDE 9:30: Bingo, Wii All Stars, Sitting Taichi, 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise, 1:30: Cardio 2: Drama Club	<b>11</b> <b>9-2:30: Trip</b> <b>Watch &amp; Clock Museum</b> 10: Armchair Exercise, Tai Chi, Water Color Class 12: Bid Whist	<b>12</b> 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study 10:45: Dancers Knowledge 11:15 Pinochle Club 11:30: Speaker: Roll Call 12:30: Group Exercise, ShopRite 2: Drama Club	<b>13</b> <b>9-2:30 Trip</b> <b>Sugar House Casino</b> 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist
<b>16</b> 9:30-11:30 Trip Bank & Post Office 9:30: Scrabble/Upwords, Computer Class 12:30: Cardio	<b>17</b> TAX AIDE 9:30: Bingo, Wii All Stars, Sitting Taichi 10:30: Dancing Frenzy 12: Advisory Broad 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	<b>18</b> 9-2: Trip DE Agricultural Museum 10: Armchair Exercise, Tai Chi, Sewing/Quilting Class 12: Bid Whist	<b>19 OPEN HOUSE</b> 9:30: Wii Four Dames, Sitting Taichi, 10:30: Bible Study 10:45: Dancers Knowledge 11:15 Pinochle Club 12:30: Group Exercise, ShopRite 2: Drama Club	<b>20</b> 9-2: Trip Johnson Victrola Museum 9:30: Tai Chi 10:30: Line Dance, Art Therapy 12: Bid Whist
<b>23</b> 9-2 Trip Byler's Dover Scrabble/Upwords, Computer Class 12:30: Cardio	<b>24</b> TAX AIDE 9:30: Bingo, Wii All Stars, Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	<b>25</b> 8:30-2:30 Trip Mystery Ride \$5 plus lunch Scrabble/Upwords 10: Armchair Exercise, Tai Chi, Water Color Class 12: Bid Whist	<b>26</b> 9: 30: Wii Four Dames, Sitting Taichi 10:30: Bible Study, Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise, ShopRite 2: Drama Club	<b>27</b> 11:15-2 Trip Michael's Restaurant 9:30: Tai Chi 10: Drama Club 10:30: Winston Line Dance 12: Bid Whist
<b>30</b> 8:30-6:30 Trip Basilica of the National Shrine of the Immaculate Conception \$45(coach) 9: Scrabble/Upwords, Computer Class 12:30: Cardio	<b>31</b> TAX AIDE 9:30 Bingo, Wii All Stars, Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	<b>EFFECTIVE MARCH 16, 2020,</b> <b>ALL PROGRAMS &amp; ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO THE CORONAVIRUS.</b> We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fair to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered. We want to thank City Fair for allowing us to help our members in need.		

**Absalom Jones Senior Center**  
**Advisory Board**

**President: John Smith**

**Vice-President: Norbert Quigley**

**Secretary: Castella LaCompte**

**Assist. Secretary: Joan Gay**

**Goodwill Ambassador: Annette Tomasello**

**Staff**

**Director: Joan Budrow**

**Assistant Director: Judy Panchisin**

**Site Manager: Sheila Kellam**

**Center Assistant: Katherine DeBose**

**Drivers: James Kula, Wayne Winters,  
Karen Murphy**

**Advisory Board Meeting**

**March 17, 12 p.m.**

**Legacy**

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

**Friendly Reminder**

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

**Book Buddy Program**

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

**Greeting Cards**

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

**Emergency Food Assistance**

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



**PINOCHLE CORNER**

**JANUARY**

**4 GAMES**

Blanch Barlow 361  
 Blanch Barlow 849  
 Sue DeCola 1293  
 Betty Howe 1326  
 Cele Kruger 1121  
 Maggie King 1157  
 Irene Murphy 1364  
 Joanne Tweed 1309  
 Marge Weidner 897  
 Angie Taylor 603  
 Libby Ward 1457  
 Fran Kowalski 349

**6 GAMES**

Peg Chandler 000  
 Tony Cubeta 1161  
 Joanne Kautz 1952  
 Joanne Nagy 2107  
 Mary Mensinger 1773  
 Dorthy Zupon 1035  
 Dominic Bernardo 1737

**4 GAME HIGH SCORE 6 GAME HIGH SCORE**

Libby Ward 1457 Joanne Kautz 2107