



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

April 2020

DUE TO CORONAVIRUS, ALL ACTIVITIES, PROGRAMS AND TRIPS AT ABJ ARE POSTPONED UNTIL FURTHER NOTICE.

From the Director's Desk

Welcome spring! Did your body adjust to the time change yet. I don't know about you but I don't like getting up in the dark. But I guess I will get over it.

If you are ready to get out after the winter just give us a call. We offer free bus service to and from the center. We don't pick up in the city of Newark or the city of Wilmington. There is a lot going on to keep you busy. As I started typing the activities for the calendar I realize it's going to be a busy month.

Summer also means grass cutting time and weeds in the garden. Maybe snow wasn't so bad after all. If you want to help in the garden just let us know. We would like to get the garden planted in May. The raised beds are easier on the back. Last year's garden got a late start hoping this year is different.

I'm planning several trips we will be off to a busy all summer. Stop in to pick up a newsletter lots going on at the center. The Wii Bowling Season is just about to a close. Thanks to all our team members you all did a great job. The Banquet will be May 6, 20. We will host the banquet at our center. I will update you with the info after our next meeting.

Hope to see you at the center. Enjoy a wonderful spring and summer.
See you at the center! Regards, Joan

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

APRIL BIRTHDAYS

| | | |
|-------------------|--------------------|------------------|
| Ann Ammerman | Phil Weyl | Anne Rossitto |
| Sophie Murray | Margaret Henderson | Fran Romano |
| Anna Kuhar | Beverly Snover | Sydney Stevenson |
| Carolyn Wing | Melchora Toala | Anna McDonald |
| Cleo Phillips | Angela Taylor | Mary Citro |
| Charlotte Smith | Robert Wilson, Jr | George Keeman |
| Richard Sarsfield | Terry Sczechowski | Linda Shamblin |
| Shirley Jenkins | Eileen A. McKeown | Jackie Witzman |
| Darlean Ashley | Brandi Syfrit | |
| Jeanne Daniels | Ingrid Bostic | |

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations**
To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

UPCOMING ACTIVITIES AT THE CENTER

YOU MUST CALL FOR ALL INFO. BUS FILLS QUICKLY 302-995-7636.

April 6, Hosting the Wii Banquet for the 2019/2020 season.

April 7, Lunch time Jazz Concert by Harvey Price.

April 8, Sight & Sound Queen Esther 11 a.m. show. Lunch after the show.

April 13, Coach trip to Wind Creek. We will do the driving so you can enjoy the scenery.

April 15, Sight & Sound "Queen Esther" 11 a.m. show. Lunch after the show.

April 21, "44" Anniversary Party A game day then lunch, door prizes and cake.

April 23, "55" PLUS EXPO @ Dover Convention Center 8:30-2 p.m. \$3

April 24, Breakfast with the author for the Book Clubs 9:30 a.m. Chase Center.

May 1, Frontier Festival Georgetown, DE. \$5

May 6, ABJ will host the Wii Banquet for the 2019/2020 season.

May 8, Green Dragon \$5

May 11, Join us for a trip to Ocean City, MD. Walk the Boardwalk enjoy the beach.

For info 302-995-7636/ 302-998-0363

Registration and payment required for above trips.

STAFF

Director

Joan Budrow

Assistant Director

Judy Panchisin

Site Manager

Sheila Kellam

Drivers

James Kula

Wayne Winters

Karen Murphy

Thinking of You

| | |
|------------------|----------------|
| Marcia Sharp | George Zawicki |
| Ann Ammerman | Marion Treece |
| Marlene Coughlin | Bea Boyer |
| Roberta Boyle | Jeanne Daniels |
| June Jump | Bonita Ryder |
| Nancy Welden | Evelyn Pyle |

Welcome New Members

| | |
|--------------------|----------------|
| Patricia Hargraves | Renate Faber |
| Mary Harper | Rena Giordano |
| Mary Ann Ballow | Rhonda Domenic |
| Angela Garabedian | Lori New Hall |

50/50 WINNER: Sue DeCola, \$32



Senior of the Month: Nancy Kaper

Nancy Kaper was born on December 31 in Lancaster, PA. She now lives in Wilmington. Nancy has an AA Degree from Goldey Beacon. She has two children a boy and a girl that's called a perfect family. Nancy has two grandchildren you guessed it one boy and one girl.

Nancy's favorite TV show is Common Knowledge. Her favorite food is sea food and she like's to go to Maine for her vacation. Nancy's hobbies are reading and shopping. If she could have lunch with any one famous it would be her Mother because she was always just a special person.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

Daily Activities

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:30am: Bank & Post Office (1st Monday)</p> <p>Computer Class</p> <p>9:45-11:30am: Surratte Pool (June-September)</p> <p>10:30-11:30am: Bible Study</p> <p>12:30pm: Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p> | <p>9am-2pm: Game Room and Fitness Center Open; Bingo</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10am: Book Club (3rd Tuesday)</p> <p>10:30-11:15am: Dancing Frenzy with Rick (1st Tuesday)</p> <p>12:30-1:30pm: Chess Club Group Exercise Class</p> <p>1:30-2pm: Debbie's Cardio</p> <p>1:30-2pm: Pickle Ball</p> <p>FIRST TUESDAY OF THE MONTH... <i>Sassy Ladies Meeting</i></p> <p>LAST TUESDAY OF THE MONTH... <i>Birthday Party!</i></p> | <p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:15-11:45am: Water Color Class (2nd & 4th Wednesday)</p> <p>9:45-11:30am: Surratte Pool (June-August)</p> <p>10am: Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st & 3rd Wednesday)</p> <p>12pm: Bid Whist</p> | <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am: ShopRite</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10-11:30am: Bingo</p> <p>10:30am: Bible Study</p> <p>10:45-11:30am: Soul Line Dancing (First 4 Thursdays)</p> <p>11:30am sharp!: Pinochle</p> <p>12:30pm: Group Exercise Class</p> <p>2-3pm: Drama Club Practice</p> | <p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am-11am: Movies in the computer room</p> <p>9:30am: Tai Chi</p> <p>10am-1pm: Cosmetologist (last Friday each month)</p> <p>10:30-11:30am: Win Dance Class</p> <p>Art Therapy (1st & 3rd Friday)</p> <p>12-4pm: Bid Whist</p> <p>1pm: Walking the gym: 19 laps = 1 mile</p> |

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Beginners dance class, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Crochet Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| APRIL 2020 EFFECTIVE MARCH 16, 2020, ALL PROGRAMS & ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19. We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fair to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered. We want to thank City Fair for allowing us to help our members in need. | | | | |
| 6 Trip-9:30-11:30 Dollar Store 9: Scrabble/ Upwords, Computer Class 20:30: Bible Study 12:30: Cardio Class | 7 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club Practice | 8 Trip-8:30-3 Queen Esther 9: Scrabble/Upwords 10: Tai Chi, Armchair Exercise, Watercolor Class 12: Bid Whist Club | 9 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study, 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club | 10 GOOD FRIDAY CENTER CLOSED |
| 13 Trip 8:30-6:30 Wind Creek Breakfast/ Christmas Tree Store 9: Scrabble/ Upwords, Computer Class 12:30: Cardio Class | 14 9: Bingo, 9:30: Sitting Taichi 10: Book Club 10:30: Dancing Frenzy 12: Adv. Board Meet 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club Practice | 15 Trip 8:30-3 Queen Esther 9:30: Scrabble/Upwords 10: Tai Chi, Armchair Exercise 10-12: Sewing/Quilting Class 12: Bid Whist Club | 16 9: Shoprite Sitting Taichi 10:30: Bible Study, 10:45: Dancers Knowledge 11:30: Pinochle Club, 12:30: Group Exercise 2: Drama Club | 17 Trip 9-2 Breakfast @ Hanks Place @ Concord Mall 9:30: Tai Chi 10:30: Line Dance, Art Therapy 12: Bid Whist Club |
| 20 9: Scrabble/Upwords, Computer Class 12:30: Cardio Class | 21 "44" Anniversary Party Games, Lunch, Door Prizes 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Group Exercise, Wii Foxy Ladies 1:30: Cardio 2: Drama Club Practice | 22 Trip 9- 2 Mystery Ride 9:30-11:30, Watercolor Class 10: Armchair Exercise, Tai Chi Class 12: Bid Whist Club | 23 Trip 9-2 55 Plus Dove Fair 9: Shoprite 9:30 Wii Four Dames, Sitting Taichi 10:45: Dancer Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club | 24 Trip 9:30 Book Club Breakfast at the Chase Center 10:30: Tai Chi 10:30: Line Dance /Exer- cise 12: Bid Whist Club |
| 27 9: Scrabble/Upwords, Computer Class 10:30: Bible Study 12:30: Cardio Class | 28 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club Practice | 29 Trip 9:30 Lunch @ Teds Montana Grill 10: Armchair Exercise, Tai Chi Class 12: Bid Whist Club | 30 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club | |

Absalom Jones Senior Center
Advisory Board

President: John Smith

Vice-President: Norbert Quigley

Secretary: Castella LaCompte

Assist. Secretary: Joan Gay

Goodwill Ambassador: Annette Tomasello

Staff

Director: Joan Budrow

Assistant Director: Judy Panchisin

Site Manager: Sheila Kellam

Center Assistant: Katherine DeBose

**Drivers: James Kula, Wayne Winters,
Karen Murphy**

Advisory Board Meeting
April 21, 12 P.M.

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



PINOCHLE CORNER

MARCH

4 GAMES

Blanch Barlow 000
 Angie Taylor 565
 Sue Decola 978
 Betty Howe 991
 Fran Kowalski 000
 Libby Ward 626
 Joanne Tweed 324
 Marge Weidner 662
 Donna Enyedy 779
 John Felmey 000
 Cele Kruger 953
 Maggie King 000
 Irene Murphy 000
 Fran Kowalski 279

6 GAMES

Peg Chandler 000
 Tony Cubeta 415
 John Felmey 337
 Joe Kontur 000
 Joanne Nagy 473
 Dorothy Zupon 000
 Catherine Trakas 000
 Clint Nordell 000
 Mary Mensinger 319
 Dominic Bernardo 000
 James McKeller 000
 Joanne Kautz 000
 Nick Piccoli 000

4 GAME HIGH SCORE 6 GAME HIGH SCORE

Blanch Barlow 1054 Joanne Nagy 473