



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**September
2020**

DUE TO CORONAVIRUS, ALL ACTIVITIES, PROGRAMS AND TRIPS AT ABJ ARE POSTPONED UNTIL FURTHER NOTICE.

From the Director's Desk

Guess everyone is wondering when will we open? I wish we had the answer for you. Believe me you will be the first ones to know. A few centers are open. I talked to a couple directors and I think they are doing okay. As you may or may not know everyone will have a limit to the amount of people that are allowed in the centers.

Our lives have changed dramatically this year. One thing that hasn't changed is our commitment to our members. We have called members, checking to see if any help is needed. If you have any questions or need help, please call the center. We are at the center every day. The bus drivers and Judy are delivering meals every day. They get to say hello to some of our members.

We have a few watermelons in the garden and with a little luck some pumpkins. With Nicole's help we crossed our fingers and planted both. Some bug or bird ate a few plants.

Our new bus driver, Mark is now in charge of the garden. He also planted a couple vegetables. We're hoping he has a green thumb.

Hope you are all staying healthy.

See you at the center! Regards, Joan

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

SEPTEMBER BIRTHDAYS

Marie Catullo	Estelle Williams	Carol Sinclair
Joan Manlove	Charles Bungy	Mary L. Ciritella
Dorris Munro	Creola Smith	Melvina Brooks
Debbie Cleave	Marion Rudd	Christine Samuel
Peggy Giusti	Harriet Sprowl	Edward Strickland
Joan Phifer	Barbara Danie	Sharon Champion
Paula Schmid	Faraj Lewis	Pearl Rice
Marlene Johnson	Patricia Barbato	Karen Shupe
Kernester Ganteaume	David Brumbaugh	Dorothy Skipski
Iola Bailey	Richard Kersten	Delores Spear
Deborah Kondzielawa	Mary E. Nutter	Linda Watson
Erwin Tsui	Betty L. Perry	

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations**

To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

STAFF

Director
Joan Budrow
Assistant Director
Judy Panchisin
Site Manager
Sheila Kellam
Drivers
James Kula
Wayne Winters
Karen Murphy

UPCOMING ACTIVITIES AT THE CENTER

YOU MUST CALL FOR ALL INFO. BUS FILLS QUICKLY 302-995-7636.
All trips are postponed until further notice. We hope to see you again soon!
Registration and payment required for above trips.
PAYMENT DUE WHEN YOU SIGN UP. For info 302-995-7636
NO TRIP OR SHOW REFUNDS
UNLESS WE HAVE SOMEONE TO REPLACE YOU!

Thinking of You

We are thinking of all our members and missing you. Hoping everyone is taking care not to get the virus. We miss the fellowship of the members and I'm sure you miss your friends at the center too.

Our newsletter will be on the county web. But it will be shorter. All I can say is what you keep hearing, **WASH YOUR HANDS DON'T TOUCH YOUR FACE and COVER YOUR FACE WITH A MASK.**

Welcome New Members

The Center will welcome new members once we reopen. The staff is looking forward to that day! We will keep you all posted.



COMING SOON: E-Programs!
That's right—we're working on offering you a variety of programs online, at no cost! Stay tuned for details.

Senior of the Month: Debbie K

Debbie K. was born in Dayton, OH and moved to Newark DE to start a new life. She met her husband at Parents without Partners in 1979. They were married in 1981.

Debbie was LPN for 25 years and received her degree in nursing from Deltech to become a RN. She has been an RN for over 25 years. She was an emergency room nurse for 40+ years. She now does home visits for Bayada.

Debbie has two children: a boy and girl. She has three grandchildren: two boys and one girl.

Her favorite TV Show is Scandal and a favorite food is macaroni and cheese and stewed tomatoes. How easy is that? Yum!

Debbie's favorite place to visit are the beaches in De. and Md. Her hobbies are cross stitch, gardening, our Mystery Rides, casino trips and acting in the ABJ Drama Club. Debbie has been in several of our plays and I may add did a great job.

If you could have lunch with anyone living or deceased who would that be, "my mother" who is deceased. She was one of the most loving, kind and funny persons I have ever known.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:30am: Bank & Post Office (1st Monday)</p> <p>Computer Class</p> <p>9:45-11:30am: Surratte Pool (June-September)</p> <p>10:30-11:30am: Bible Study</p> <p>12:30pm: Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p>	<p>9am-2pm: Game Room and Fitness Center Open; Bingo</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10am: Book Club (3rd Tuesday)</p> <p>10:30-11:15am: Dancing Frenzy with Rick (1st Tuesday)</p> <p>12:30-1:30pm: Chess Club Group Exercise Class</p> <p>1:30-2pm: Debbie's Cardio</p> <p>1:30-2pm: Pickle Ball</p> <p>FIRST TUESDAY OF THE MONTH... <i>Sassy Ladies Meeting</i></p> <p>LAST TUESDAY OF THE MONTH... <i>Birthday Party!</i></p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:15-11:45am: Water Color Class (2nd & 4th Wednesday)</p> <p>9:45-11:30am: Surratte Pool (June-August)</p> <p>10am: Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st & 3rd Wednesday)</p> <p>12pm: Bid Whist</p>	<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am: ShopRite</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10-11:30am: Bingo</p> <p>10:30am: Bible Study</p> <p>10:45-11:30am: Soul Line Dancing (First 4 Thursdays)</p> <p>11:30am sharp!: Pinochle</p> <p>12:30pm: Group Exercise Class</p> <p>2-3pm: Drama Club Practice</p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am-11am: Movies in the computer room</p> <p>9:30am: Tai Chi</p> <p>10am-1pm: Cosmetologist (last Friday each month)</p> <p>10:30-11:30am: Win Dance Class</p> <p>Art Therapy (1st & 3rd Friday)</p> <p>12-4pm: Bid Whist</p> <p>1pm: Walking the gym: 19 laps = 1 mile</p>

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Beginners dance class, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Crochet Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 2020	1 9: Bingo 9:30: Sitting Taichi, Wii All Stars 10:30: Dancers Frenzy 12:30: Group Exercise, Sassy Ladies MT, Wii Foxy Ladies 1:30: Cardio	2 8:30 -2 Trip Shady Maple 9:30: Scrabble/Upwords 10: Armchair Exercise, Sewing/Quilting Club 10:30: Wii Table Ten 12: Bid Whist Club	3 9: Shop Rite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club	4 9:30-2 Trip Cracker Barrel, Elkton 9: 30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist Club
7 Center Closed HOLIDAY	8 9: Bingo 9:30: Sitting Taichi, Wii All Stars 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	9 9-2 Trip IKEA 10-12: Watercolor Class 10-2: Scrabble / Upwords Club, Tai Chi 10: Armchair Exercise, 10:30: Wii Table Ten 12: Bid Whist Club	10 9: Shoprite 9:30: Wii Four Dames. Sitting Taichi 10: 30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise, 2: Drama Club	11 9-2 Trip Dover Produce Junction 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist Club
14 9-2 Trip Christmas Tree Shop 9:30: Computer Class, Scrabble/ Upwords 10:30: Bible Study 12:30: Cardio	15 9: Bingo 9:30: Sitting Taichi 10:30: Wii All Stars, Dancing Frenzy 12: ADV MEETING 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	16 8:30-6:30 Trip Bible Museum info call the center 10: Scrabble/ Upwords Club, Tai Chi, Wii Table Ten 10-12: Sewing/Quilting Club 12: Bid Whist Club	17 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10: 30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise, 2: Drama Club	18 9-2 Trip Spencer's Flea Market 9:30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist Club
21 9:30: Computer Class 10-2: Scrabble/ Upwords Club 12:30: Cardio	22 8:30-3 Trip Rehoboth Beach Day All staff will escort. Center Closed	23 9-2 Trip Mystery Ride 10: Armchair Exercise, Scrabble/Upwords Club, Tai Chi, Wii Table Ten, Watercolor Class 12: Bid Whist Club	24 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:45: Group Exercise 2: Drama Club	25 9-2 Trip Boothwyn Market 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist Club
28 8:30-6:30 Trip Coach \$45 Tropicana Casino 9:30: Computer Class 12:30: Cardio	29 9: Bingo 9:30: Sitting Taichi 10:30: Wii All Stars, Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club	30 9-2 Trip 10: Armchair Exercise, Scrabble/Upwords, Wii Table Ten, Tai Chi 12: Bid Whist Club	EFFECTIVE MARCH 16, 2020, ALL PROGRAMS & ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19. We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fair to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered. We want to thank City Fair for allowing us to help our members in need.	

Absalom Jones Senior Center
Advisory Board

President: John Smith

Vice-President: Norbert Quigley

Secretary: Castella LaCompte

Assist. Secretary: Joan Gay

Goodwill Ambassador: Annette Tomasello

Staff

Director: Joan Budrow

Assistant Director: Judy Panchisin

Site Manager: Sheila Kellam

Center Assistant: Katherine DeBose

Drivers: James Kula, Wayne Winters,

Karen Murphy

Summer Youth: Jayla Saunders

Advisory Board Meeting

September 15, 12 p.m.

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



VIRTUAL
SENIOR PROGRAMS
WITH ABSALOM JONES
SENIOR CENTER



Starting September 22, 2020,
Watch our new senior
programs on New Castle
County Happenings FB page,
every Tuesday and Thursday
at 10 a.m.