

Episode 5: Bind in Hand Square

Today Maryann shows us how to create the Bird in Hand quilt square.

Materials:

- Electronic sewing machine
- Thread (cotton or polyester, cotton recommended)
- Bobbin
- ¼-inch seem foot (for quilting)
- Scissors just quilting
- Clips
- 45mm Rotary Cutter (60mm for heavy fabrics)
- Fiskars Rotary Blade 45mm Titanium
- Quilting Ruler
- OLFA Rotating Cutting Matt
- Iron
- Ironing Matt
- Seem Ripper

Fabric for this project:

3 – colors of fabric she uses light blue , a speckled blue print fabric, and red

Cut fabric to size:

- A – 6 ½ “ block – Red
- B – 6 7/8 “ block – light Blue - cut in half on the diagonal
- C – 6 7/8 “ block – speckled Blue – cut in half on the diagonal
- D – 6 ½ “ block – light blue