



Matthew Meyer  
County Executive  
Div. of Comm. Resources

# Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

June  
2023

## From the Director's Desk

Happy June! The first day of summer is not far away. A couple weeks ago when the temperature was 89 degrees in my car, I was under the impression summer was here. It is a pleasure, seeing all the pretty flowers in the yards. That brings us to the garden information. I have been waiting for the info on the garden that we can take the seniors to for planting. Will keep you posted hoping it's soon before it gets to warm.

The Spanish Class has been very successful. Paul and Kathy are a team. She helps Paul and the seniors. They are loving it, we're so happy to offer the class. They will take off for the summer months. Don't forget to do your studying through the summer. Debra will also take the summer months off from computer class. We will keep you posted on their return. Everyone is missing Mary Ellen, and we wish her a healthy return.

While I'm on the subject I would like to thank all our contractors. They do a great job at the center. Most have been with us so long we all feel like family. Lot going on at the center, have some new trips planned for you. We also started a Sewing / Alterations Class. Well on that happy note I will say see you at the center.

Best regards ~ Joan

## New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sexual orientation, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

### JUNE BIRTHDAYS

Gwendolyn Adams	Milton Entzminger	Linda Mutter
Elizabeth Ann Adams	Edith Flonnory	Barbara Mc Camie
Elice Bilon	Joan Graham	Ruby Malachi
Janita Butcher	Elaine Heverin	Helen Miles
Judith M. Bennett	Betty Howe	Sharion Mayo
Mary Ellen L Carter	June Houghton	Nick Piccoli
Norris Cooper	Agnes Horton	Cynthia L. Parisl
Raymond Cooper	Katherine Issaris	Pattie Painter
Randell Cerveny	Harry Jump	Ann Perry
Emma Corbin	Glenn E. Longpre	Nick Piccoli
Jeanne Gloria Detterline	Julie Kramedas	Bonita Ryder
John DuVernay	Maureen Leyva	Roberta Sarsfield

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

**Please DO NOT call the Center.**

## STAFF

**Director**  
Joan Budrow  
**Assistant Director**  
Judy Panchisin  
**Site Manager**  
Sheila Kellam  
**Secretary**  
Sheila Carlisle  
**Drivers**  
Wayne Winters  
Bill Swinney

### UPCOMING ACTIVITIES AT THE CENTER

**June 7,** Platinum Picnic, 9 a.m.-1 p.m. Lunch \$5, Theme is Disco Dance!

**July 5,** Sight & Sound "Moses" Tickets \$70.30, 8:30 a.m.-3 p.m. FULL

**July 10,** Basic Defensive Driving Course, 9 a.m.-4 p.m. Class size 1-14 \$35, 1-15 \$25

**July 14,** Lobster House lunch, Cape May, coach \$45, 8:30 a.m.-7:30 p.m.

**July 24,** Harrington State Fair, bus \$5 but admission is free. 8:30 a.m.-2 p.m.

**July 25,** Sonja and her students present a play! 10 a.m.

**Aug. 16,** "Thunder Over the Boardwalk", Lobster House lunch, coach \$45, 8:30 a.m.-6:30 p.m.

**Sep. 20,** National Harbor, coach \$45, 8:30 a.m.-6:30 p.m.

**Oct. 2,** Air & Space Museum, coach \$45, 8:30 a.m.-6:30 p.m.

Registration and payment required for above trips.

**PAYMENT DUE WHEN YOU SIGN UP. FOR INFO CALL 302-995-7636**

**NO TRIP OR SHOW REFUNDS UNLESS WE HAVE SOMEONE TO REPLACE YOU!**

## Thinking of You

Norris Cooper  
Joyce Johnson  
Nancy Welden  
Ruby Malachi  
Blanche Barlow  
Joan Murphy

Barbara McCamie  
Sharon Ball  
Victoria Alleyne  
Paul Zaborowski  
Nancy Anthony

## Welcome New Members

Phyllis D'Ambrosio  
Wanda Clark  
Bruce Joyner

Joe Wojciechowski  
James & Patricia Perry

**50/50 WINNER / MARCH: Nancy Kaper \$24**

### DID YOU KNOW...

Our newsletter is available online and also  
in Spanish at  
[newcastlede.gov/491/Absalom-Jones-Senior-Center](http://newcastlede.gov/491/Absalom-Jones-Senior-Center)

**Try Pickleball!  
Fridays at 12pm.**

**LET'S GROOVE**

**Disco Dance Party**  
72nd Annual  
**Platinum Picnic**  
Wed., June 7, 9am-1pm  
**New Location!**  
**Chase Center on the Riverfront**  
**Free event! Open to ages 55+**

Wear your 70s-inspired costumes for the Disco Dance Party!  
Door Prizes ■ Live Entertainment ■ DJ ■ \$5 Buffet Lunch

Registration required by May 17. Groups of 4 or more should register with one contact.  
Call 302-395-5655 or visit [newcastlede.gov/846/Platinum-Picnic](http://newcastlede.gov/846/Platinum-Picnic)

New Castle County | DE  
Parks & Recreation  
Live Healthy New Castle County

CHASE CENTER  
on the riverfront

**AARP**

## Senior of the Month: Ellie Shaffer

Ellie Shaffer was born November 26 in Doylestown, PA and then relocated to Newport because of her husband's job. She has lived there for over 50 years. Ellie graduated high school, then took two years of business school at Lansdale Business School. She worked at the Montgomeryville Mall in the office and also did waitressing work and retired after 18+ years in the insurance industry.

Ellie had two children and has two grandchildren and two great grandchildren.

Her favorite TV shows are FBI, Game Shows and Price is Right. Her favorite food is prime rib and lobster. A Favorite vacation spot is Ireland & Bethany Beach, this girl knows how to eat and vacation. Ellie loves animals, horses, cats, dogs and loves reading, especially Mysteries.

Ellie's favorite person to have lunch with would be her mother who was her best friend also. They went to church every Sunday. PS. Ellie ditched school one day to go see the Band Stand in Philly. Got caught on camera and got caught on the camera and the school principal saw it.

**Thanks for sharing some of your life with your friends at the center.**

**We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a**

**Daily Activities**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open
Bank & Post Office (1st Monday)	Tax Aide	Tai Chi	Sitting Tai Chi	<b>Trip Day</b>
Computer Class	Bingo	Armchair Exercise	Pinochle Club	Tai Chi
Zumba Gold	Sitting Tai Chi	Open Art Studio (2nd & 4th Wednesdays)	Personal Trainer	Line Dancing
Sewing/Quilting	Sewing/Quilting		Drama Club Practice	Bid Whist
Wii Team Bowling	Personal Trainer		Progressive Line Dancing	
Cardio	Drama Club Practice		Basic Beginners Line Dancing	
	Advisory Board Meeting (3rd Tuesday)		Wii Bowling	<i>On occasion there may be other trip days. Check your newsletter or call the Center. Times for all programs can be found on page 4.</i>
	Arthritis Wellness Class		ShopRite	
			Blood Pressure Screening	

**Activities & Services Offered Throughout the Year**

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.  
**Game room is open daily from 9am-2pm.**
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

*Look for dates and times in the newsletter or ask the Senior Center staff!*

**NEW PROGRAM: BEGINNING SPANISH COMPUTER COURSE**

Instructor Paul Kelly brings us a mini-course in learning Spanish in DuoLingo, a free computer-based program, along with supplemental materials on Spanish pronunciation, use of Google translator, and practice dialogues. DuoLingo can be access by the ABJ computers, on your computer at home, or on your smartphone. A basic computer proficiency is needed to navigate the program. Preliminary plan:

- Session 1: Introduction and sign up with DuoLingo
- Session 2: DuoLingo problem solving; supplemental pronunciation guide introduced.
- Session 3: DuoLingo checkup. Supplemental pronunciation guide continued.

## ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 2023</b>  <b>ATTENTION MEMBERS!</b> <b>CLASSES ON HOLD FOR NOW:</b> <b>ZUMBA GOLD</b> <b>ARTHRITIS</b> <b>PROGRESSIVE LD</b> <b>BASIC BEGINNERS LD</b>	<b>HAPPY FATHERS DAY TO ALL THE DADS AND GRAMPYS</b>		<b>1</b> <b>TRIP SIGN UP 9:30</b>  9: ShopRite 9:30: BP Screening 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>2</b> <b>Trip 9:30-2</b> <b>Boothwyn Market</b>  9:30: Tai Chi 10:30: Soul Line Dance 12: Bid Whist 12: Pickleball
<b>5</b> 9:30: Spanish Class 9:30: Zumba Class 12:30: Computer Instructor (off) 12:30 Cardio Hour	<b>6</b> 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class (off) 12:30: Group Exercise 12:30: Sassy Ladies MT	<b>7</b> <b>Trip 9-1</b> <b>Platinum Picnic Lunch \$5</b>  9:30: Tai Chi 10: Open Art Studio	<b>8</b> 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>9</b> <b>Trip 9-2</b> <b>Green Dragon \$5</b>  9:30: Tai Chi 10:30: Soul LD 12: Bid Whist 12: Pickleball
<b>12</b> <b>Trip 9-11:30</b> <b>Breakfast, Dollar Store</b>  9:30: Zumba Gold 9:30-11:30: Sewing/Alterations Class 12:30: Computer Instructor (off) 12:30 Cardio Hour	<b>13</b> 9: Bingo 9:30: Sitting Tai Chi 9:30: 11:30: Sewing/Alterations 10: Swimming, Surratte 10:30: Arthritis Class (off) 12:30: Group Exercise 2: Drama Club Practice	<b>14</b> <b>Trip 9:30- 2</b> <b>Byler's Country Store</b>  9:30: Tai Chi	<b>15</b> 9:30: BP Screening 9: Shoprite 9:30: Sitting Tai Chi 10: Swimming, Surratte 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle 12:30: Group Exercise	<b>16</b> <b>Trip 9:30-2</b> <b>Nemours Estate, \$18</b>  9:30: Tai Chi 10:30: Soul LD 12: Bid Whist 12: Pickleball
<b>19</b>  <b>Holiday</b> <b>Juneteenth Day</b> <b>CENTER CLOSED</b>	<b>20</b> 9: Bingo 9:30: Sitting Tai Chi 10: Book Club MT 10: Swimming, Surratte 10:30: Arthritis Class (off) 12: ADV MT 12:30: Group Exercise 12:30: SPCA Visit 2: Drama Club Practice	<b>21</b> <b>Trip 9-2</b> <b>Delaware Park Casino</b>  9:30: Tai Chi 10: Open Art Studio	<b>22</b> 9: Shop Rite 9:30: Sitting Tai Chi 10: Swimming, Surratte 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>23</b> <b>Trip 9-2</b> <b>Museum of American Revolution Ticket \$16</b> <b>West Chester</b>  9:30: Tai Chi 10:30: Soul Line Dance 12: Bid Whist 12: Pickleball
<b>26</b> 9:30: Zumba Gold 12:30: Computer Instructor (off) 12:30 Cardio Hour	<b>27</b> 9: Bingo 9:30: Sitting Tai Chi 10: Swimming, Surratte 10:30: Arthritis Class (off) 12:30: Group Exercise 2: Drama Club Practice	<b>28</b> <b>Trip 10-2</b> <b>Golden Corral Lunch</b>  9:30: Progressive Tai Chi	<b>29</b> 9: ShopRite 9:30: Sitting Tai Chi 10: Swimming, Surratte 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise	<b>30</b> <b>Trip 8:30-3:30</b> <b>Smithville Historic Village \$5</b>  10:30: Bid Whist 12: Pickleball

**Absalom Jones Senior Center**  
**Advisory Board**

**President:** John DuVernay

**Vice-President:** Nancy Kaper (until elections)

**Secretary:** Castella LaCompte

**Assist. Secretary:** Joan Gay

**Goodwill Ambassador:**

**Staff**

**Director:** Joan Budrow

**Assistant Director:** Judy Panchisin

**Site Manager:** Sheila Kellam

**Secretary:** Sheila Carlisle

**Drivers:** Wayne Winters,  
Bill Swinney

**Advisory Board Meeting**  
**June 20, 12 p.m.**

**Legacy**

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

**Friendly Reminder**

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Not feeling well? If you are coughing, blowing a runny nose, have a sore throat or a fever above 100 degrees, **please stay home.**

**Book Buddy Program**

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656.**

**Greeting Cards**

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

**Emergency Food Assistance**

New Castle County Department of Community Services/Division of Community Resources is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636.

**TRIVIA**

In Arizona, donkeys are not allowed to \_\_\_\_\_ in bathtubs?

The average person speaks about \_\_\_\_\_ words a day.

Toads don't have \_\_\_\_\_ but frogs do.

Pirates thought having an \_\_\_\_\_ would improve eyesight.

**PINOCHLE CORNER**

**MARCH 2023**

Sue DeCola	1216
Maggie King	1233
Pat Turtoro	344
Joanne Tweed	617
Catherine Traka	634
Cheryl Jackson	342
Paul Kelly	184
Kathy Kelly	587