



Matthew Meyer  
County Executive  
Div. of Comm. Resources

# Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**May  
2023**

## From the Director's Desk

I think summer is here. I'm ready for warmer weather. Plus I want to get the garden started. We are planning a garden at the Rt. 9 Library. Members are welcome to plant their own vegetables. You will find a signup sheet by the trips.

We have a lot planned for the summer. Don't forget to read your newsletter. Remember we started a Spanish class, also sewing and alterations class with a new instructor. We do miss MaryAnn as she did a great job, but just wasn't available enough. We will start Water Aerobics as soon as I get the opening date. It will be three days each week: Mon./Wed./Fri., 10-11am. We miss Mary Ellen and hope she is feeling better. She plans on returning May 8.

The center has a lot to offer—you make friends and go on trips that you may not plan on your own. We offer bus transportation to and from the center every day. Unfortunately we don't pick up in the City of Wilmington or the City of Newark.

See you at the center.

Best regards ~ Joan

## New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sexual orientation, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

### MAY BIRTHDAYS

Nancy Anthony	Winston Gacutan	Peggy Miles
Aritha Brown	Beverly Gorski	Joanne Nagy
Jiann Chang	Theodore Hein	Dolly Ray
Donald L. Crumley	Susan Joseph	Irene Sama
Rick Dwyer	Kathleen Lewis	Ylana Wesley
Diane Ford	Ruth Lambert	<i>April Birthday missed:</i>
Pat Gardiner	Kathleen Lewis	<i>Hester Brown</i>
Beverly Gorski	Beverly Miles	

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

**Please DO NOT call the Center.**

## UPCOMING ACTIVITIES AT THE CENTER

**May 4,** Trinity Health Speaker, 11:30am

**May 9,** "An Afternoon Delight" 1-2 p.m. Lite Refreshments.

**May 18,** Bake Sale / Mini Bazaar, table \$5, 10 a.m.-1 p.m.

**May 30,** Clay Class @ the Art Studio Class **full**.

**June 7,** Platinum Picnic, 9 a.m.-1 p.m. Lunch \$5, Due by May 10.

**July 5,** Sight & Sound "Moses" Tickets \$70.30, 8:30 a.m.-3 p.m.

**July 10,** Basic Defensive Driving Course, 9 a.m.-4 p.m. Class size 1-14 \$35, 1-15 \$25

**July 14,** Lobster House lunch, Cape May, coach \$45, 8:30 a.m.-7:30 p.m.

**Aug. 16,** "Thunder Over the Boardwalk", coach \$45, 8:30 a.m.-6:30 p.m.

**Sep. 20,** "National Harbor" (lots of walking), coach \$45, 8:30 a.m.-6:30 p.m.

**Oct. 2,** Steven F. Udvar Hazy Center Air & Space Museum, coach \$45, 8:30 a.m.-6:30 p.m.

Registration and payment required for above trips.

**PAYMENT DUE WHEN YOU SIGN UP. FOR INFO CALL 302-995-7636**

**NO TRIP OR SHOW REFUNDS UNLESS WE HAVE SOMEONE TO REPLACE YOU!**

## STAFF

**Director**

Joan Budrow

**Assistant Director**

Judy Panchisin

**Site Manager**

Sheila Kellam

**Secretary**

Sheila Carlisle

**Drivers**

Wayne Winters

Bill Swinney

Jerome Lewis

## Thinking of You

Norris Cooper  
Joyce Johnson  
Charles Coover  
Ruby Malachi  
Blanche Barlow  
Joan Murphy  
Nancy Anthony  
Sandy Poe  
Paul Zaborowski

Jean Heine  
Sharon Ball  
Nancy Welden  
Diana Ford  
Annette Tomasello  
Victoria Alleyne  
Marie Catullo  
Steven Detterline  
Barbara McCamie

## Welcome New Members

Mary Prettyman  
William Mantyla  
Betty Lou Spence  
Patricia Rogers  
Mavis Posey

Marge Tarpine  
Shery Hill  
Bernice White  
Mary Jane Anthony

**50/50 WINNER / MARCH: Nancy Kaper \$24**



## DID YOU KNOW...

**Our newsletter is available online and also in Spanish at [newcastlede.gov/491/Absalom-Jones-Senior-Center](http://newcastlede.gov/491/Absalom-Jones-Senior-Center)**

## Senior of the Month: Charles Hutt

Charles was born March 7 in Wilmington. He claims to be a lifelong Delawarean and now lives in New Castle. Charles graduated from Howard H.S. He worked for the City of Wilmington Water Department for 43 years also trained new employees. He retired from there. Charles has one son and two daughters. He has grandchildren: three boys and three girls.

His favorite TV show is In the Heat of the Night, Maverick, and Old Westerns and Army Movies. Charles likes fried chicken and ice cream.

His hobbies include fishing, target practice and helping people. He donated several things to our center. Charles likes visiting his children and likes to vacation in North Carolina and New York.

Charles would like to have lunch with Michael Jackson because he was a talented singer and dancer.

**Thanks for sharing some of your life with your friends at the center.**

**We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!**

**Daily Activities**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open	Game Room and Fitness Center Open
Bank & Post Office (1st Monday)	Tax Aide	Tai Chi	Sitting Tai Chi	<b>Trip Day</b>
Computer Class	Bingo	Armchair Exercise	Pinochle Club	Tai Chi
Zumba Gold	Sitting Tai Chi	Open Art Studio (2nd & 4th Wednesdays)	Personal Trainer	Line Dancing
Sewing/Quilting	Sewing/Quilting		Drama Club Practice	Bid Whist
Wii Team Bowling	Personal Trainer		Progressive Line Dancing	
Cardio	Drama Club Practice		Basic Beginners Line Dancing	
	Advisory Board Meeting (3rd Tuesday)		Wii Bowling	<i>On occasion there may be other trip days. Check your newsletter or call the Center. Times for all programs can be found on page 4.</i>
	Arthritis Wellness Class		ShopRite	
			Blood Pressure Screening	

**Activities & Services Offered Throughout the Year**

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.  
**Game room is open daily from 9am-2pm.**
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

*Look for dates and times in the newsletter or ask the Senior Center staff!*

**NEW PROGRAM: BEGINNING SPANISH COMPUTER COURSE**

Instructor Paul Kelly brings us a mini-course in learning Spanish in DuoLingo, a free computer-based program, along with supplemental materials on Spanish pronunciation, use of Google translator, and practice dialogues. DuoLingo can be access by the ABJ computers, on your computer at home, or on your smartphone. A basic computer proficiency is needed to navigate the program. Preliminary plan:

- Session 1: Introduction and sign up with DuoLingo
- Session 2: DuoLingo problem solving; supplemental pronunciation guide introduced.
- Session 3: DuoLingo checkup. Supplemental pronunciation guide continued.

## ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Trip sign up begins at 9:30</b> 9:30-11:30: Spanish Class 9:30: Zumba Gold 12:30: Cardio Hour 12:30-2:30 Computer Instructor	<b>2</b> 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class 12:30: Group Exercise 12:30: Sassy Ladies Mtg 2: Drama Club Practice	<b>3</b> <b>Trip 9:30-2 Christina Fashion Center</b>  9:30: Progressive Tai Chi 10-2: Open Art Studio	<b>4</b> <b>BP SCREENING</b> 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>5</b> <b>Trip 9-2 Breakfast &amp; Cackleberry Antique Mall</b>  9:30: Progressive Tai Chi 10:30: Soul LD 12: Bid Whist
<b>8</b> <b>Trip 9-2:30 Reading Terminal</b>  9:30: Zumba Gold 9:30-11:30: Sewing & Alterations Class 12:30: Cardio Hour	<b>9</b> 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class 12:30: Group Exercise Join us for "An Afternoon Delight" 1-2 p.m. 2: Drama Club Practice	<b>10</b> <b>Trip 9:30-2 Christmas Tree Shop</b>  9:30: Progressive Tai Chi	<b>11</b> 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15 Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>12</b> <b>Trip 8:45-2 Belmont Hall &amp; Museum</b>  9:30: Progressive Tai Chi 10:30: Soul LD 12: Bid Whist
<b>15</b> <b>Trip 9-2:30 The Mystery Ride \$5 plus lunch</b>  9:30: Zumba Gold 12:30: Cardio Hour 12:30-2:30: Computer Instructor	<b>16</b> 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class 12:30: Group Exercise 2: Drama Club Practice	<b>17</b> <b>Trip 9:30-2 Ollies, Elkton</b>  9:30: Progressive Tai Chi 1: Dairy Palace	<b>18</b> <b>BP SCREENING Bake Sale/ Mini Bazaar</b> 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise, 2: Drama Club Practice	<b>19</b> <b>Trip 9-2 Breakfast &amp; Willey's Farm Market &amp; Garden Center, \$5</b>  9:30: Progressive Tai Chi 10:30: Soul LD 11:30: Pickleball 101 12: Bid Whist
<b>22</b> <b>Trip 8:30-2:30 Shady Maple \$5</b>  9:30: Zumba Gold 9:30-11:30: Sewing & Alterations Class 12:30: Cardio Class	<b>23</b> 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class 12: ADV Meeting 12:30: Group Exercise 2: Drama Club Practice	<b>24</b> <b>Trip 8:15-3:30 "Grease" trip is full.</b>  9:30: Progressive Tai Chi <b>11:30 Speaker: Saint Francis</b>	<b>25</b> 9: ShopRite 9:30: Sitting Tai Chi 10:20: Progressive LD 11:15: Basic Beginners LD 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	<b>26</b> <b>Trip 9:30-2 New Castle Farmers Market</b>  9:30 Tai Chi 10:30: Soul LD 12: Bid Whist
<b>29</b> <b>Memorial Day Center Closed</b>	<b>30</b> <b>Chase from the SPCA with her dog friends.</b> 10-11:30: Clay Class, Art Studio (10 people only) 9:30: Bingo 9:30: Sitting Tai Chi 10:30: Arthritis Class 12:30: Group Exercise 2: Drama Club Practice	<b>31</b> <b>Trip 10-2 Cream Valley Custard</b>  9:30: Progressive Tai Chi		<b>MAY 2023</b>

**Absalom Jones Senior Center**  
**Advisory Board**

**President:** John DuVernay

**Vice-President:** Nancy Kaper (until elections)

**Secretary:** Castella LaCompte

**Assist. Secretary:** Joan Gay

**Goodwill Ambassador:**

**Staff**

**Director:** Joan Budrow

**Assistant Director:** Judy Panchisin

**Site Manager:** Sheila Kellam

**Secretary:** Sheila Carlisle

**Drivers:** Wayne Winters,  
Bill Swinney, Jerome Lewis

**Advisory Board Meeting**  
**May 16, 12 p.m.**

**Legacy**

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

**Friendly Reminder**

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Not feeling well? If you are coughing, blowing a runny nose, have a sore throat or a fever above 100 degrees, **please stay home.**

**Book Buddy Program**

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656.**

**Greeting Cards**

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

**Emergency Food Assistance**

New Castle County Department of Community Services/Division of Community Resources is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636.

**TRIVIA**

Most burglaries occur in the \_\_\_\_\_?

The original name for the butterfly was the \_\_\_\_\_?

\_\_\_\_\_ is played in more countries than any other sport?

\_\_\_\_\_ must close their \_\_\_\_\_ to swallow?

**COMING THIS MONTH!**



**PICKLEBALL 101**

**Fri., May 19, 11:30am-12:30pm**

Sign up to learn how to play this sport which is growing in popularity. Demo and instruction available. Call the center or sign up today!

LET'S GROOVE



~ Disco Dance Party ~  
72nd Annual

# Platinum Picnic

Wed., June 7, 9am-1pm  
Hockessin PAL

**Free event! Open to ages 55+**

**Wear your 70s-inspired costumes for the Disco Dance Party!**

**Door Prizes ■ Live Entertainment ■ DJ ■ \$5 Buffet Lunch**

**Registration required. Call 302-395-5652 or visit [newcastlede.gov/846/Platinum-Picnic](http://newcastlede.gov/846/Platinum-Picnic)**



New Castle  
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Parks &  
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